

White Rice

Unit: 2 to 4 Qt Saucepan

1- Part jasmine rice

2 Parts of water

Measure out the rice in desired quantity. You will use twice as much water as rice. Fill the pan with the appropriate amount of water and then pour in the rice.

Open the valve on the lid and seal the lid on the unit. Turn the cooktop to medium heat and cook until the whistle activates loudly. When it whistles, reduce the heat to low and cook for 20 minutes or until done.



HEALTH QUEST